



Instructions Prior to Surgical Appointment

- Wear comfortable clothes with loose fitting sleeves. No jewelry. Remove contact lenses.
- YOU MUST eat prior to surgery especially if you are diabetic.
- ALL medication, e.g. high blood pressure pills, diabetes medication, or antibiotic prophylaxis, MUST be taken as prescribed.
- If you have diabetes, a current A1c must be received from your physician 1 week PRIOR to your scheduled appointment.
- If you take blood thinners, a current INR (if applicable) within 24 hours must be received from your physician. Confirmation of any alterations to your prescribed medications will be made at least 48 hours prior to your surgery.
- If you have problems with or are taking medication regularly it would be wise to consult your physician before surgery. (Please advise the office prior to surgery if you are currently taking anticoagulants, blood thinners, high blood pressure medication, or insulin).
- You may need to be off work or school for one day after surgery.
- A parent or legal guardian must accompany minors. People who are taking medications that may cause drowsiness must be accompanied by another adult.